

ONE BADASS LIFE

March 2014 Podcast Lineup and Resources

Coming in May

Family - Keeping your Kids Focused on School with Summer

Finance - The Time to Start Saving for Your Kids College Fund is Now!

Fun - No More Headaches! Vacations are Supposed to be Fun

Freedom - The Story of a Military Wife



Family - Save Your Marriage with Date Night

If someone was to ask us the top three things that keeps our marriage going, in no specific order, they would be:

Open and real communication

Eternal love

And Date nights

That's right, date nights! We love our date nights! They don't have to be over the top, although those rock too. Setting aside time for the two of us to reconnect without the boys helps us to rekindle our relationship. Now I know the initial reaction is going to be "date nights are great but making time is the biggest roadblock." We totally understand. In this episode, we break this down into four tasks that you need to accomplish to make your date nights awesome.

Resources mentioned in this podcast include:

The Date Night Opportunity: A study by the National Marriage Project. The link is below

<http://nationalmarriageproject.org/resources/the-date-night-opportunity/>

Date Night @ Chik-Fil-A: A unique study conducted in Florida. Here is the link:

[Date Night Link](#)

Finance - Your Badass Guide to Tax Season

Outside of the folks at H&R, I am pretty sure most people don't enjoy tax season, us included! It is a necessary evil. "Did you properly fill out your schedule C? How about your 1065?" Crazy paperwork overload. There is no escaping it though. In this

episode, we talk you through taxes and how we prepare ourselves to get through this process each and every year. We break this down into four questions that you can't overlook to survive the tax season.

Fun - Staying Ahead of Your Kids Fun-Filled Summer Starts Now!

Oh summer, how you can sneak up on us! As parents, with the exception of the teachers out there, we no longer get to experience the break during the summer like our kids do. Those ten weeks, this can vary, are tough to plan for. They can cost a lot as well. Your comfort level for leaving the kids at home unsupervised will vary depending on your kid's age, maturity level as well as your ability to find some stuff for them to do. The majority of us are scrambling to get these ten weeks covered somehow, someway. The reason for the rush, as you will hear in this episode, is that everything books up quick. Vacations can cover a week or two but that's it. We have to work! So join us in our discussion about how we all need to stay ahead of our kid's fun-filled summer by planning today with our top five destinations for our kids this summer

Freedom - Making Your Interviewing Skills Awesome!

Last month, we discussed job search strategies that really work. Hopefully, with perseverance you have gotten your first set of interviews lined up. Nervous? That's natural. Up until now, you have been working hard rocking your resume, and networking like a mad person. You have hit pay dirt. You got a bite. Now is not the time to have doubts. You can do this! We are here to Make your Interviewing Skills Awesome! It is easier than you think. In this episode, we are going to break it down into four steps to making you an interviewing rock star.

You Matter to Us

Our goal is to create insightful content with actionable steps that you can use immediately to live the life you deserve. Let us know what you want to learn about. Email us at: lonny@OnebadassLife.com or tracie@OneBadassLife.com

Tell a Friend

The only way we know we're doing a good job is if you tell us. The biggest compliment that you can give us is a referral. Forward this resource guide to a friend today.

Remember to live... One Badass Life.

See you next time,

Lonny and Tracie Rollins

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